

# MASTERCLASS SHOTOKAN

by  
**MASTER T. OKAZAKI, 10th DAN**

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**MASTERCLASS SHOTOKAN** is a complete presentation of the techniques, philosophies, and training methods of the art of Karate-do. Instructed and presented by **Master Teruyuki Okazaki**, a direct disciple of the founder of Karate, the Grandmaster Gichin Funakoshi, this series is a complete step-by-step guide to the Shotokan style.

Covering and analyzing in detail all the aspects of *Tsuki Waza*, *Uchi Waza*, *Keri Waza*, *Uke Waza*, *Tachi Waza*, plus Funakoshi's 15 original *Kata* and different *Kumite* categories – including sparring against multiple opponents, this 6 DVD Special Set is a classic collection of inspiring Karate-do knowledge, technique and philosophy.

This **Limited Collector's Edition**, filmed at Master Okazaki's world headquarters in Philadelphia, guides you from the funda-

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Also included are special sections on Shotokan history, covering the beginnings of the art to the creation of the JKA and the early days in America to its expansion around the world. Additional technical segments about the proper use of *Seiza*, *Makiwara* training, and *Bunkai* practice also are part of this series.

**MASTERCLASS SHOTOKAN** is a treasure of information from Master T. Okazaki.

*The Legacy of a Master!*



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ISBN 13: 978-1- 60661-020-6

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